

London Spring/Autumn Packing List

Duende
BY MADAM ZOZO

Documents

- Passport
- Covid-19 vaccination card
- Visa if required
- Itinerary, reservations and tickets
- Travel insurance information

Clothing, footwear and accessories

- Underwear, bras and socks
- Sleepwear, eye mask and ear plugs
- Thermal base layer
- Long-sleeve, layerable shirts x4
- Sweater x1 medium-weight
- Jeans and/or dress pants
- Coat
- Lightweight rain jacket or poncho (if your coat isn't water proof)
- Walking shoes
- Dress shoes
- Scarves x1-2
- Gloves
- Warm hat and sunglasses
- Accessories e.g. handbag and jewellery

Toiletries

- Deodorant
- Toothpaste and toothbrush
- Shampoo and conditioner
- Body and face wash
- Moisturizer
- Hair brush and accessories (ties and pins)
- Menstrual products
- Shaving cream and razor
- Make up and perfume
- Laundry soap

Gadgets

- International adapter, ideally with a USB socket
- Camera and accessories e.g. charger, spare batteries, SD card, filters, waterproof case and tripod.
- Phone and charger
- Power adapter and/or voltage convertor

Day bag

- Refillable water bottle
- Hand sanitiser and mask
- Bandana/cloth napkin/handkerchief
- Money belt/bra pouch or other secure wallet
- Headphones
- First aid kit
- Sunscreen
- Lip balm SPF 15+ minimum
- Flashlight or headlamp
- Medications and prescriptions
- Guidebook
- Reading glasses

Miscellaneous and optional items

- Book
- Sketch pad and pencils/paint
- Notebook/diary
- Tablet or Kindle

Remember

- Pack light, layerable pieces so you can adjust to the temperature in these transitional seasons.
- Minimize packaging and disposables as much as possible.
- Don't take unnecessary valuables.