

# Soulful Souvenir Shopping List

## AFRICA

|                    |                                    |
|--------------------|------------------------------------|
| Benin              | Cotton textiles                    |
| Cabo Verde         | Konta di Odju jewellery            |
| Cameroon           | Bamiléké feather headdress         |
| Egypt              | Gold cartouche                     |
| Ethiopia & Eritrea | Gabi (traditional wrap garment)    |
| Gambia             | Djembe (drum)                      |
| Ghana              | Shea butter personal care products |
| Kenya              | Maasai shuka (blanket)             |
| Madagascar         | Antaimoro paper                    |
| Mali               | Bogolan (mud cloth)                |
| Mauritania         | Kiffa beads                        |
| Nigeria            | Ankara textiles                    |
| Rwanda             | Peace basket                       |
| Senegal            | Sous-verre painting                |
| Somalia            | Saqaf (comb)                       |
| South Africa       | Amarula                            |
| Suriname           | Tembe (Maroon wood carving)        |
| Swaziland          | Mohair woven products              |
| Tanzania           | Tinga tinga artwork                |
| Tunisia            | Mosaics                            |
| Uganda             | Cowhide drums                      |
| Zimbabwe           | Soapstone carvings                 |

## MIDDLE EAST

|              |                                   |
|--------------|-----------------------------------|
| Afghanistan  | Carpet                            |
| Bahrain      | Perfume bottles                   |
| Iraq         | Natural oils                      |
| Jordan       | Sand bottle                       |
| Kuwait       | Gatra & Gaal (Headband and cloth) |
| Lebanon      | Kaftan                            |
| Morocco      | Lantern                           |
| Oman         | Silver Khanjar (dagger)           |
| Qatar        | Henna                             |
| Saudi Arabia | Cheenko serveware                 |
| UAE          | Camel-milk chocolate              |
| Yemen        | Frankincense and mabhara (burner) |

## ASIA & PACIFIC

|                  |                                   |
|------------------|-----------------------------------|
| Australia        | Boomerang                         |
| Bangladesh       | Nakshi Kantha (embroidered quilt) |
| Cambodia         | Krama (chequered scarf)           |
| China            | Personalised chop (seal)          |
| Fiji             | Masks                             |
| India            | Masala chai                       |
| Indonesia        | Batik sarong                      |
| Japan            | Folding fan                       |
| Laos             | Akha belt                         |
| Malaysia         | Kebaya                            |
| Marshall Islands | Marshallese stick chart           |
| Mongolia         | Cashmere                          |
| Myanmar          | Lacquerware                       |
| Nepal            | Pashmina                          |
| New Zealand      | Hei-tiki pendant                  |
| North Korea      | Soju (alcohol)                    |
| Pakistan         | Multan pottery                    |
| Palau            | Palauan storyboards               |
| Philippines      | Banig mat                         |
| South Korea      | Hanji (paper) products            |
| Samoa            | Lavalava (traditional skirt)      |
| Solomon Islands  | Carved Nguzu Nguzu                |
| Sri Lanka        | Carrom board game                 |
| Thailand         | Silk                              |
| Tonga            | Tapa cloth                        |
| Turkmenistan     | Asmalyk (hanging textile)         |
| Uzbekistan       | Suzani textiles                   |
| Vanuatu          | Tanna coffee beans                |

## *Remember*

- Research before you depart.
- Avoid imports and buy local.
- Shop direct from makers where possible.
- Look for Fairtrade items.
- Ask for help from your guide.
- Don't purchase from children.

# Soulful Souvenir Shopping List



## EUROPE & NORTH AMERICA

|                      |                                       |
|----------------------|---------------------------------------|
| Albania              | Glass Christmas decorations           |
| Armenia              | Duduk (Armenian oboe)                 |
| Austria              | Gerstner's candied violets            |
| Azerbaijan           | Jorab (woolen socks)                  |
| Belarus              | Valenki (sheeps wool) boots           |
| Belgium              | Lace                                  |
| Bosnia & Herzegovina | Copper coffee set                     |
| Bulgaria             | Rose water                            |
| Canada               | Maple syrup cream biscuits            |
| Croatia              | Neck tie                              |
| Cyprus               | Lace                                  |
| Czech Republic       | Crystal                               |
| Estonia              | Muhu slippers                         |
| Finland              | Kalevala jewellery (viking inspired)  |
| France               | Perfume                               |
| Georgia              | Chacha (grape vodka)                  |
| Germany              | Cukoo clock                           |
| Greece               | Olive oil                             |
| Hungary              | Paprika                               |
| Iceland              | Volcanic rock jewellery               |
| Ireland              | Claddagh jewellery                    |
| Israel               | Mother of pearl products              |
| Italy                | Venetian mask                         |
| Latvia               | Lielvades Josta (belt)                |
| Liechtenstein        | Postage stamps                        |
| Lithuania            | Verbstes (spinning wheel decorations) |
| Luxembourg           | Peckvillercher (bird-shaped whistles) |
| Macedonia            | Clay casserole dish                   |
| Monaco               | Manufacture de Monaco porcelain       |
| Netherlands          | Licorice                              |
| Norway               | Rosemåling decorated products         |
| Poland               | Amber jewellery                       |
| Portugal             | Ceramic tiles                         |
| Romania              | Le (peasant style blouse)             |
| Russian Federation   | Faberge egg                           |
| San Marino           | Postage stamps                        |
| Serbia               | Sljivo Flask                          |
| Slovakia             | Črpák (decorated wooden cup)          |
| Slovenia             | Schnapps                              |
| Spain                | Espardeuyas (espadrilles)             |
| Sweden               | Noble Prize medal chocolates          |

|                |                              |
|----------------|------------------------------|
| Switzerland    | Découpage (paper cutting)    |
| Tajikistan     | Toki-Kallapush (hat)         |
| Turkey         | Nazar "evil eye" amulet      |
| Ukraine        | Poltava honey                |
| United Kingdom | Pie dish                     |
| U.S.A.         | Stetson western hat          |
| Sweden         | Noble Prize medal chocolates |
| Switzerland    | Découpage (paper cutting)    |
| Tajikistan     | Toki-Kallapush (hat)         |
| Turkey         | Nazar "evil eye" amulet      |
| Ukraine        | Poltava honey                |
| United Kingdom | Pie dish                     |
| U.S.A.         | Stetson western hat          |

## LATIN AMERICA & CARIBBEAN

|                     |   |
|---------------------|---|
| Antigua & Barbuda   | Jewellery made from wild tamarind and mimosa tree seeds |
| Argentina           | Leather products  |
| Barbados            | Replica monkey jar                                      |
| Belize              | Mayan basket  |
| Bolivia             | Cacho Set   |
| Brazil              | Havianas  |
| Chile               | Emboque set (wooden game)                               |
| Colombia            | Sombrero vueltiao                                       |
| Costa Rica          | Banana paper  |
| Cuba                | Cigars  |
| Ecuador             | Sombreros de paja toquilla (Panama hat)                 |
| Grenada             | Dried spices  |
| Guatemala           | Mayan embroidered clothing                              |
| Haiti               | Carnival mask   |
| Honduras            | Hammock   |
| Jamaica             | Reggae music  |
| Mexico              | Sombrero  |
| Nicaragua           | Black pottery   |
| Panama              | Panama hat  |
| Peru                | Alpaca wool textiles                                    |
| Saint Kitts & Nevis | Brinley Gold Shipwreck Coconut Rum                      |
| Saint Lucia         | Madras cloth goods                                      |
| Venezuela           | Quibor ceramics   |