

Paris Packing List

Documents

- Passport
- Covid-19 vaccination card
- Visa, if required
- Itinerary, reservations and tickets
- Travel insurance information

Basics

- Underwear, bras and socks
- Sleepwear, eye mask and ear plugs
- Base layers - 2 sets
- Shirts - 1 long sleeved shirt per every 2-3 days of your trip
- Long pants/trousers/jeans - 2-3 pairs
- Sweater - 2-3 of varying weight
- Outerwear - Warm, waterproof outerwear appropriate for the temperature
- Rain jacket and hat - If your outerwear isn't waterproof
- Shoes appropriate for activities such as sturdy, waterproof walking shoes and a dressier pair of boots
- Warm hat and scarf
- Sunglasses
- Accessories

Toiletries

- Deodorant
- Toothpaste and toothbrush
- Shampoo and conditioner
- Body and face wash or soap
- Moisturizer
- Hair accessories (ties and pins)
- Menstrual cup/ tampons
- Shaving cream and razor
- Make up and perfume
- Laundry soap

Gadgets

- International adapter, ideally with a USB socket
- Voltage convertor, if necessary
- Camera and accessories e.g. charger, spare batteries, SD card, filters, waterproof case and tripod.
- Phone and charger
- Portable power bank

Day bag

- Refillable water bottle
- Hand sanitiser and mask
- Bandana/cloth napkin/handkerchief
- Headphones
- Sunscreen or makeup with SPF 15+ or higher
- Lip balm SPF 15+ minimum
- Medications and prescriptions
- Money belt, bra pouch or other secure wallet
- Guidebook

Making memories and filling spare time

- Book
- Sketch pad and pencils/paint
- Notebook/diary
- Tablet or Kindle

Remember

- Tailor this list to the specific month of autumn and your activities.
- Parisians dress in mostly classic pieces with a little edge thrown in.
- Avoid athletic wear, baseball caps, shorts and neon colours.
- Keep your valuables to a minimum and secure them at all times.