

Tropical Vacation Packing List

Documents

- Passport
- Covid-19 vaccination card
- Visa, if required
- Itinerary, reservations and tickets
- Travel insurance information

Basics

- Underwear, bras and socks
- Sleepwear, eye mask and ear plugs
- Shirts - minimum 1 shirt for every 2 days
- Shorts - 1 pair for every 2 days
- Board shorts or quick-dry zip-off khakis
- Full-length pieces e.g. pants, maxi skirt or maxi dress
- Light sweater
- Shoes appropriate for activities such as sandals, water shoes or walking shoes
- Accessories
- Swimsuit
- Rashguard
- Coverup or sarong

Toiletries

- Deodorant
- Toothpaste and toothbrush
- Shampoo and conditioner
- Body and face wash or soap
- Moisturizer
- Hair accessories (ties and pins)
- Menstrual products
- Shaving cream and razor
- Aloe vera gel (after sun)
- Make up and perfume
- Laundry soap

Gadgets

- International adapter, ideally with a USB socket
- Voltage convertor, if necessary
- Camera and accessories e.g. charger, spare batteries, SD card, filters, waterproof case and tripod.
- Phone and charger
- Portable power bank

Day bag

- Refillable water bottle
- Hand sanitiser and mask
- Bandana/cloth napkin/handkerchief
- Headphones
- Sunscreen or makeup with SPF 15+ or higher
- Lip balm SPF 15+ minimum
- Medications and prescriptions
- Money belt, bra pouch or other secure wallet
- Reading glasses
- Sunglasses
- Hat
- Lightweight towel
- Rainwear
- Guidebook

Making memories and filling spare time

- Book
- Sketch pad and pencils/paint
- Notebook/diary
- Tablet or Kindle
- Playing cards or travel games

Remember

- Tailor this list to the specific time of year and your activities.
- Pack natural, breathable fabrics in light, neutral colours.
- Minimise packaging and other disposables.
- Keep your valuables to a minimum and secure them at all times.